

2018-2019

Men's Lacrosse Student/Parent Handbook

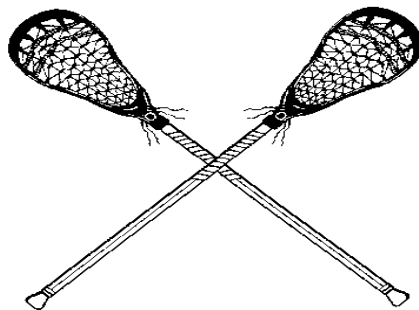


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Dear YLHS Lacrosse Parents/Guardians and Students:

Welcome to the 2018-2019 Yorba Linda High School Men's Lacrosse program!

The Men's Lacrosse program got its start thanks to the efforts of our 2009-2010 team members and parents. Keeping this valuable lacrosse program going for our students over the past eight years required all of us to pull together for our common goal, volunteer our time, raise the funds needed, and support our kids 100%. The lacrosse program is largely self-funded.

We will have to raise the money needed to acquire the additional equipment, uniforms, coaches, assistant coaches, off-season training, etc. We need all of our lacrosse families to participate in the program in order to make it a success. Some of the details of this commitment are outlined here in the handbook, and others will be detailed as we move forward.

Lacrosse is the fastest growing high school sport in California! We welcome all of you to our 10th season of what has become a great tradition in the sports programs at Yorba Linda High School.

Sincerely,

YLHS Lacrosse Booster Club Board

Executive Board

President - Tiffanie Krause tytrevtDKrause@sbcglobal.net
Vice-President (Web | Media) - Jaci Hardison hardifam5@att.net
Treasurer - Linda Fitch nuone2@aol.com
Secretary - Megan Henry megan@henryhouse.us
Fundraising - Colleen Walker walkerr@roadrunner.com
Program Director and Head Coach - Mike Schreiber mike@ylhslax.com

Varsity Assistant Coaches

Andy Gregory - andy@ylyouthlacrosse.com

Mike Mathews - Defense Volunteer Coach

JV Head Coach

Brandon Marler

JV Assistant Coach

Ben DiBuono

Team Website

Please regularly check our team website for pertinent information such as game schedules and locations.

www.ylhslax.com

Follow us on Facebook

YLHS Men's Lacrosse (official)

GENERAL POLICIES

Financial Information

Our booster club is responsible for the cost of uniforms, equipment, and off-season coach/assistant coach stipends. The school district pays for our head varsity coach and head JV coach during lacrosse season **only** (one per team).

In order to meet the program's financial commitments, the Booster Club requests a "fair share" donation of \$900.00. This includes \$150.00 for off-season weight training & conditioning, \$350.00 initial fair share, and a \$400.00 fundraising portion (\$400 is due in January).

\$350.00 of this amount will be needed at the parent meeting on Monday, October 8, 2018. The off -season weight training & conditioning portion of \$150.00 may also be paid in full at this time. Please plan to turn in all necessary paperwork at the parent meeting. YLHS Mustangs Lacrosse Booster Club is a 501(c)(3) organization (IRS EIN 27-0972713).

Fundraising

We need the help of all families to provide an excellent program. The students have the opportunity to participate in fundraising events each year. It is reasonable to expect each member to participate equally in these projects.

This season, each lacrosse participant will have the opportunity to participate in fundraising opportunities to achieve their \$400.00 Fundraising Fair Share donation for the season. **All fundraising donations need to be collected by January 15, 2019** in order for the program to avoid budget cuts that could affect the integrity and success of the program. Those students/families who do not wish to participate in our fundraising efforts may opt out and donate the fundraising portion of \$400.00 in its entirety.

For those students who participate in a fall or winter sport, the YLHS Men's Lacrosse Booster Club Fair Share donations of \$350.00, plus the additional fundraising/donation amount of \$400.00 will be collected once the student enters our program.

It is necessary for the Booster Club to collect a large portion of our membership Fair Share donations up front as most of our expenses are incurred prior to the actual start of the spring lacrosse season.

Always make checks payable to: **YLHS Lacrosse Booster Club**

If there is a financial limitation/concern for your family, please contact Booster President, Tiffanie Krause via email at tytretdkrause@sbcglobal.net or Booster Treasurer, Linda Fitch at nuone2@aol.com . The budget and financial information is available for review at any time. Contact our Treasurer, Linda Fitch via email at nuone2@aol.com.

Transportation Fees

The school district requires that every student involved in extracurricular activities pay a transportation fee to defray the costs of busing students to away games. Transportation fees are determined by PYLUSD. The transportation fee for men's lacrosse players this year is **\$85.00***, and is **paid to the finance office at Yorba Linda High School** prior to the start of spring season. The transportation fee must be paid prior to the start of lacrosse season. No student will be allowed on the bus until this fee is paid. Note: this is **not** part of the lacrosse Fair Share or fundraising donation amounts, and the Booster Club has no control over setting the amount.

*This amount is subject to change as directed by YLHS/PYLUSD. We will advise if this occurs.

ASB Card

All Lacrosse players are encouraged to purchase a Yorba Linda High School ASB Card, as outlined in the YLHS Student Handbook. This card is purchased at Registration in August. The holder of the card is entitled to discount admission to all home and away athletic events and reduced prices for the YLHS yearbook and dance tickets.

6th Period PE/Practice

We will utilize the fields at YLHS and possibly other fields as needed for our off-season practices again this school year. All students who turn in their Booster Club membership paperwork at registration, have a current athletic clearance packet on file with YLHS, and have the approval of the Men's Lacrosse program Head Coach will be put into the 6th period PE class in order to accommodate our off-season and spring season schedule. **Transportation to and from off-season practice is not provided by YLHS or the Booster Club.**

Off-Season: Due to Fall and Winter sports, off-season practice schedule is to be determined.

In-Season: Times are TBA

Attendance

Punctual and daily attendance is required. If for any reason a student will be absent from practice, note that Coach Mike will follow Yorba Linda High School rules for all absences.

Attendance will be taken at each practice. If for some reason a student will miss a practice or game for any reason other than sudden illness or injury, the Head Coach must be notified, by the student, at least 2 days in advance. In case of illness or injury, please notify the Head Coach the day of absence.

Uniforms

Team uniforms will be returned at the end of the season. It is the student's responsibility to see that his uniform remains in good condition. Students and/or parents are financially responsible for any damage caused to the uniform due to negligence or misuse. Guidelines for proper laundering can be found on the team website. Uniforms will be kept by students during lacrosse season. Students will return clean uniforms at the end of lacrosse season at a time to be determined by Head Coach Mike Schreiber.

Failure to return borrowed equipment or uniforms will result in an indebted notice generated by YLHS against the student's account.

Student Withdrawal from Lacrosse Program

In the event a student voluntarily withdraws from the YLHS Men's Lacrosse Program, a pro-rated refund of the Booster Club Fair Share donation will be given based on the date of the withdrawal from the program and the date the student entered the lacrosse program. Any student choosing to withdraw should notify head coach Mike Schreiber in writing via letter or email at mike@ylhslax.com

Athletic Clearance Packets

Each student must complete an Athletic Clearance Packet. This packet must be filled out online through an account on FamilyID. Please go to the YLHS website and click on ATHLETICS then, CLEARANCE FORMS. This packet includes various forms required by the school district including:

Parent permission, Emergency Medical and Waiver of Claims for Transportation of Students
Athletic/Auxiliary Insurance Certification

DMV/Risk Management/PYLUSD Rules & School Driver Registration Form

Residential Athletic Eligibility

PYLUSD Athletic Code of Conduct

CIF Code of Ethics

CIF/District Eligibility Rules

Early Release from Athletic Period & Student/Parent Athletic Agreement

Androgenic/Anabolic Steroid Contract

Sports Pre-Participation Assessment*

Copy of Front and Back of Insurance Card-Mandatory

These forms must be turned in prior to the start of off-season practice. Participation in lacrosse practice and games will not be allowed until all necessary paperwork is completed and turned in and athletic clearance is given by YLHS.

Forms are available to download and print off the school website at ylhs.org under the athletics tab.

Those students already participating in a fall sport (Football, Cross Country, etc.) do not need to file an additional athletic clearance packet. Just advise the counseling office that you will be playing lacrosse also.

YLHS Men's Lacrosse

Important Dates 2018-2019

Parent Meeting Monday, October 8 - 6:00 - 8:00 (Forum Theater - YLHS) - We will cover:

- Fair Share Contribution - \$350 (coaches fees, equipment refurbishment and/or replacement, in-season uniform replacements, off-season fees and costs (not already shown below).
- All fair share contributions may be off-set by sponsorship opportunities. Checks payable to YLHS Boosters Club. Also – if off-setting with a sponsorship, please identify the player.
- Fundraising via Media Guide sales to offset final \$400 Fair Share Contribution.
- Off-Season Conditioning/Weight Training - \$150.
- Interest in purchasing new helmet - last years' price was \$148 (An order will be placed, but we need to know how many will be purchased) – players keep helmets.
- Athletic Clearance and Media Packet Forms – should have been completed as part of registration
- Come ready to volunteer – sign up forms for activities will be available.
- Communications – please provide email and cell numbers for easy communication related to practice times and instructions for the players. REMIND App instructions will be provided at the parent meeting. However, Coach Mike will provide information at practices and players should be responsible to communicate with parents and coaches as well.
- Student/Parent Handbook – review and sign.

January 2019

- Fundraising / Fair Share Contribution - \$400
- All fair share contributions may be off-set by sponsorship opportunities. Checks payable to YLHS Boosters Club. Also – if off-setting with a sponsorship, please identify the player.

February 2019 – prior to start of regular season

- YLHS/District Transportation Fee - \$85
- Due in YLHS Finance office, payable to YLHS. Athlete will not be able to take bus to games if this fee is not paid. *You may have paid with your student registration - will be itemized on your receipt.*

YLHS LACROSSE PLAYER AND PARENT TEAM GUIDELINES

AND CODE OF CONDUCT

The Program:

The needs of the program will always be placed first. We want to maintain open communication between players, parents and coach(s). Therefore if you have a concern, please bring it to the attention of the head coach. However once a matter has been reviewed please remember that the coach is going to make his decision on the matter based on what is best for the team and cannot make his decisions solely on the needs of any one player. If you are still not satisfied with a coach's decision please email the Head Varsity Coach. If the matter involves playing time, we ask first that the player personally address the coach before or after practice so he can understand what the coach requires him to do on the field at games or practices.

Please keep in mind that dissent or the appearance of divisiveness is antagonistic to teamwork. Therefore when bringing a concern to a coach's attention please communicate concerns in private. For example, directly after a match is not the time to approach any coach about concerns regarding playing time. AT NO TIME should a parent approach any coach before or after a game to discuss playing time. In the event a parent does approach a coach the coaches have been instructed to respectfully walk away. Please email the head coach to set a more appropriate time to communicate your concern.

Coaches must make all decisions related to our teams based on the performance of the players and the efforts they make to earn the right to represent their team. Every player whether he is starting or contributing in another way needs to know that hard work and good performance is the way to improve the team and to achieve his personal goals. And that in the end the success he enjoys is a reward for the effort he has made.

Missing Regular Season Practice:

If a player misses a practice they will sit out a minimum of a half a game. If they miss two then they will sit an entire game and so on. Players can only be excused for YLHS educational purposes. Educational purposes must be cleared by the head coach ahead of time. Missing game time may result if not cleared beforehand.

Player Conduct:

All players represent the YLHS Lacrosse program on and off the field. Players may be suspended for multiple games because of unacceptable conduct on and off the field.

Bus to Games:

All players are expected to travel on the bus with the team going and returning from all games. Failure to do so may lead to game or multiple game suspensions. All players are expected to follow PYLUSD Bus regulations. Any unacceptable behavior may lead to game suspensions.

Stick / Equipment:

All players are expected to wear the same helmets and uniform for all games. If you plan on buying or ordering your own helmet it must be the same style and color scheme as the team. All other helmets that do not match will not be allowed into the game. Please check with the coaching staff on what helmet to purchase.

All stick pocket strings must be "All White" during the regular season. Loud / Bright colored strings will not be allowed on the field during games. See coaching staff for any specific questions.

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**YORBA LINDA HIGH SCHOOL MEN'S LACROSSE 2018 - 2019
BOOSTER CLUB DONATION AND INFORMATION FORM**

The YLHS Men's Lacrosse Program is proud to offer its athletes and families the finest high school lacrosse program in North Orange County. Our program is 100% self-funded and provides its athletes a full year of exceptional lacrosse training. With six years of back-to-back Century League Championships, the 2018-2019 season is looking even brighter!

Our program offers:

- Varsity Head Coach & Varsity Assistant Coaches
- Junior Varsity Head Coach & Junior Varsity Assistant Coach
- September - June Lacrosse Training (two semesters)
- Weight Training, Conditioning & Endurance Training
- Game Day Polo shirt and Shooter Shirt provided for every player
- Uniforms, helmets, nets, and balls provided
- Professional team photos
- Away game meals and beverages (select games)
- Professional game filming and breakdown with Krossover (Varsity)
- Player/team patches and trophies, Coaches Plaques and Thank you's
- Player Banquet Fee, End of season recognition gifts and team DVD
- Senior Night

TOTAL FAIR SHARE DONATION -2018/2019 YLHS MEN'S LACROSSE:	\$900.00
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Initial payment due at parent meeting:	\$350.00
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Fall Off-season Weight Training: (for those in 6th period lacrosse during fall)	\$ 75.00
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Winter Off-season Weight Training: (for those in 6th period lacrosse during winter)	\$ 75.00
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(Fundraising portion of \$400.00 due by January 15, 2019 *Media Guide sales apply)	\$400.00
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*Credit Cards are accepted but subject to a 3% fee to cover the service charge.

Make checks payable to: YLHS Lacrosse Booster Club. Turn in to a Coach or Booster Member OR Mail to: YLHS Lacrosse Booster Club - P.O. Box 845, Yorba Linda, CA 92885

Student's Name: _____ **Grade** _____

Student's Cell Phone _____ **Student's email** _____

Parent name: Mother _____ **Father:** _____

Mother's Phone: _____ **Father's Phone:** _____

Mother's email: _____ **Father's Email:** _____

Additional Parent info and emails: _____

Student T-shirt size (please circle) adult size: S M L XL XXL

VOLUNTEER OPPORTUNITIES

To insure we will have the necessary help to run a high quality program, the team will expect all families to volunteer in some capacity. Positions will be assigned on a first come, first served basis.

FUNDRAISING:

- Work with Booster Board assisting with any team fundraisers. Have a great fundraising idea? Please let us know!

Snack Bar Manager:

- Oversee snack bar at all home games
- Manage set up/clean up and sales
- Purchase food & supplies (reimbursed by Boosters)
- Work with board to provide food/beverages for other events
- Coordinate volunteers/parents to work snack stand at all JV & Varsity home games

**Note: All Lacrosse families are required to work a minimum of two snack bar shifts (JV works during Varsity games and vice versa).*

TEAM SUPPORT VOLUNTEER POSITIONS:

Banner Manager:

- Bring and post Yorba Linda Lacrosse banner and all sponsor advertising banners to each JV & Varsity home game. Take down and store banners in concession stand after all home games.

Photographer: (one per team)

Take candid shots of players throughout the year

- Submits selected photos to webmaster
- Works with banquet committee to produce end of year DVD
- Must have own equipment and be skilled at taking action photos
- Organize photos by player or team as needed

End of Season DVD Coordinator:

- Work with Booster Board & photographers to produce end of year DVD

Timekeepers:

- Run game clock and penalty clock at home games during season.
- 1 person needed for JV game clock & 1 person needed for Varsity game clock (Training will be provided)

Varsity Home Game Announcer:

- Announce game commentary at all Varsity home games in Shapell Stadium during season

Announcer Assistant (helps in press box)

VOLUNTEER OPPORTUNITIES, continued

Away Game Meal Coordinator-Varsity and JV:

- Arrange meals for athletes for selected away games

**Note: The boosters supply the funds for these meals. Further information to follow.*

TEAM RECOGNITION VOLUNTEER POSITIONS:

Team Banquet Committee Members (four needed)

- Plans the end of year team banquet
- Decorate tables at banquet
- Orders cake for banquet
- End of season gifts for players

Team Bonding Dinners:

JV - Team Bonding Dinner Coordinator (work with hosts to organize event)

- Host a team bonding dinner at your home for JV (3 needed) *Food will be donated

Varsity - Team Bonding Dinner Coordinator (work with hosts to organize event)

- Host a team bonding dinner at your home for Varsity (3 needed) *Food will be donated

Senior Night Program:

Committee Members (three needed)

- Works with Head Varsity Coach and Boosters to organize senior recognition night during a home Varsity Game (towards end of season).

Display Case Coordinator:

- Decorate team display case at beginning of season
- Removal of display case material at end of season

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MEDIA WAIVER FORM

The YLHS Mustangs Lacrosse Booster Club may take and use photos of participants for publicity purposes throughout the year. Photos of participants are used in the Booster Club's website and other media publications.

IF THE PARTICIPANT IS A MINOR, his or her custodial parent or legal guardian must read and execute this agreement.

"I hereby grant the YLHS Mustangs Lacrosse Booster Club permission to use my likeness, name, voice and words in any broadcast, telecast, print media account web site, social networking site (including but not limited to Facebook) or electronic medium of all YLHS Men's Lacrosse events or activities free of charge.

I hereby warrant that I am the custodial parent or legal guardian of:

(PRINT PARTICIPANT'S FULL NAME)

Who is a minor, and on my own and said minor's behalf, agree to the terms and conditions of the foregoing release.

"I CERTIFY THAT I HAVE READ AND UNDERSTAND THIS WAIVER AND RELEASE AS IT APPLIES TO ME AND TO ANY MINORS FOR WHOM I AM SIGNING."

(Parent or guardian must sign for participants under 18 years of age)

X _____ DATE _____
SIGNATURE

PLEASE PRINT NAME

Please return this form with your Booster Club Info Form and "fair share" donation.

**Yorba Linda High School Men's Lacrosse Booster Club
Non-Profit Tax ID #27-0972713**